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Monday	Tuesday	Wednesday	Thursday	Friday	Nutrients
	body & milk			1 Winter Recess	
4 French Toast Sticks Maple Flavored Syrup Assorted Fresh Fruit Milk Varieties	5 Cereal Cheese Toast Fruit Juice Milk Varieties	6 Sausage Patty * Biscuit with Gravy Assorted Fresh Fruit Milk Varieties	7 Cereal Cinnamon Toast Fruit Juice Assorted Fresh Fruit Milk Varieties	8 Ham, Egg & Cheese on English Muffin Assorted Fresh Fruit Milk Varieties	Cal 53 T.Fat 139.1G S.Fat 4.5G Chol 63.5 Mg Sodm 925.19 Mg Prtn 18.67 G Iron 5.20 Mg Calc 584.40 Mg VITA 20405 RE V11C 34.76 Mg
11 Breakfast Burrito Chunky Salsa Assorted Fresh Fruit Milk Varieties	12 Breakfast Pizza * Assorted Fresh Fruit Milk Varieties	13 Sausage Patty * Biscuit with Gravy Assorted Fresh Fruit Milk Varieties	14 Cereal Cinnamon Toast Fruit Juice Assorted Fresh Fruit Milk Varieties	15 Fluffy Scrambled Eggs Toast with Jelly Assorted Fresh Fruit Milk Varieties	Cal 542 T.Fat 168.1G S.Fat 4.8G Chol 111.1 Mg Sodm 925.47 Mg Prtn 20.79 G Iron 4.82 Mg Calc 538.67 Mg VITA 22667 RE V11C 35.88 Mg
18 Martin Luther King Day No School	19 Cereal Cheese Toast Fruit Juice Milk Varieties	20 Sausage Patty * Biscuit with Gravy Assorted Fresh Fruit Milk Varieties	21 Cereal Cinnamon Toast Fruit Juice Assorted Fresh Fruit Milk Varieties	22 Ham, Egg & Cheese on English Muffin Assorted Fresh Fruit Milk Varieties	Cal 540 T.Fat 157.3G S.Fat 5.2G Chol 72.9 Mg Sodm 1018.11 Mg Prtn 19.88 G Iron 6.02 Mg Calc 634.75 Mg VITA 21883 RE V11C 35.81 Mg
25 Breakfast Burrito Chunky Salsa Assorted Fresh Fruit Milk Varieties	26 Breakfast Pizza * Assorted Fresh Fruit Milk Varieties	27 Sausage Patty * Biscuit with Gravy Assorted Fresh Fruit Milk Varieties	28 Cereal Cinnamon Toast Fruit Juice Assorted Fresh Fruit Milk Varieties	29 Fluffy Scrambled Eggs Toast with Jelly Assorted Fresh Fruit Milk Varieties	Cal 542 T.Fat 168.1G S.Fat 4.8G Chol 111.1 Mg Sodm 925.47 Mg Prtn 20.79 G Iron 4.82 Mg Calc 538.67 Mg VITA 22667 RE V11C 35.88 Mg