

Mentor Training Information

Do's

#1: The mentor is to serve as a ***Trusted Guide*** to the student - NOT a teacher or parent, but a trusted guide, a supporter, an encourager. "Not in authority, but to come alongside the mentee to help him/her work more effectively with the authorities in their life in order to achieve success."

* Be Real...they take cues from you!!

* Be Engaging...they will reflect your attitude and energy!!

#2: Rapport and trust is the foundation of the relationship and can only be established thru ***Consistent Communication*** during regularly attended meetings; Suggestions include:

* Using the 3-2-1 conversation starter/closer to establish such --- establishes a 2 sided relationship

* Communicate ahead of time if you are going to miss a regularly scheduled meeting; seek to reschedule that meeting so it can be communicated to the mentee

#3: Guidelines for mentors meeting with mentees during school hours is directed by the school and the mentor program sponsor.

#4: Activities during sessions are directed by the sponsoring school, but could consist of: opening/closing 3-2-1, conversations, games, crafts, puzzles, school work/grade review (secondary mentoring programs), guest speakers

#5: Maintain student confidentiality...information discussed with the mentee remains confidential unless discussing it with the program sponsor/school official or another mentor for advisement. Mentors must be aware that should a mentee discuss harm that is being done to them by another person/situation or by themselves **MUST** be reported by the mentor to the sponsor/school official.

#6: Meeting Students Physical Needs (aka Gift Giving)...if at any point you are interested in supplying a student's physical need (school supplies, shoes, clothing, etc) or providing a gift to them (holiday gift, delivering lunch, etc) you are advised to speak with your program sponsor.

#7: Wrap Up of Relationship: bringing closure to the relationship is crucial for the mentee. Activities for the wrap up of the relationship can be directed by the sponsoring school/program, but in general should be a time for the mentor and mentee to both "close" the relationship

A Trusted Guides Top 10

1. Remember you are a Mentor....
2. Act as an older friend...trusted guide....NOT like a parent or teacher
3. Recognize no one is perfect...Don't Be Judgmental
4. Notice how you communicate and engage with your mentee (avoid the parent role)
5. Embrace Difference...everyone is different!
6. It's OK NOT to know...seek out answers together!!
7. Start with Hello...They are eager to be there...you are eager to be there...get to know each other...show care during your consistent time together!!
8. Be present...commitment to the mentee is crucial...be engaged physically during the meeting time
9. Provide Empathy, Praise, Attention...put yourself in their shoes, acknowledge good things and high light strengths, be present!!
10. Understand you are not a Tutor!!!